



January 19, 2025
CC Bulletin
2nd Sunday in Ordinary Time



FORTY HOURS DEVOTION

Encounter the living, merciful Sacred Heart of Our Lord in an extended period of Eucharistic Adoration. This week we are invited to keep watch with Christ, to pray in His presence for the Church, our parish, our families, and all in need.

JANUARY 21-24, 2025

8:30AM - 8PM DAILY*

***EXCEPT WED, JAN 22: 10AM-8PM**



January 19, 2025

Second Sunday in Ordinary Time



Saturday, Jan 18

Vigil Mass

5:00 PM Diana Ha, RIP

Sunday, Jan 19

9:00 AM All Parishioners, Living and Deceased

11:00 AM Luz Teresa de Jesus Hernandez, RIP

3:00 PM Agnes Kwan Wing Lau, RIP

Monday, Jan 20

St. Agnes & St. Mary

8:00 AM Mariane Nguyen, Birthday

Tuesday, Jan 21

8:00 AM Maureen Hamilton, RIP

Wednesday, Jan 22

8:00 AM Deceased members of the Di Marino Family

9:00 AM School Mass

Thursday, Jan 23

8:00 AM Sandra Young, Health

Friday, Jan 24

St. Francis de Sales

8:00 AM Monica Lau, Intentions

6:00 PM Holy Hour

Saturday, Jan 25

Conversion of St. Paul

8:00 AM Mabel Chan, RIP

STEWARDSHIP REFLECTIONS

2nd Sunday of Ordinary Time

"To each individual the manifestation of the Spirit is given for some benefit." - 1 CORINTHIANS 12:7

St. Paul tells us that God has blessed each of us for a reason. How has God blessed you? Are you using your gifts according to God's plan? How are you helping to build God's kingdom here on earth? Remember that if you don't do the work God planned for you, no one else can do it. Live the life God has intended for you. Take time to discern your charisms (gifts from the Holy Spirit). Experience the supernatural Peace and Joy God desires for each of us.

PARISH ANNOUNCEMENTS

KNIGHTS OF COLUMBUS WONTON SOUP

The Knights of Columbus will be selling wonton soup for \$7.00 per bowl on February 16th at the After Mass Socials.



Come join the fun and bring cash!

RELIGIOUS ARTICLES BOOTH

The Religious Articles Booth will be opened on January 12th & 26th from 8:45am—11:15am (closed during mass).

LUNAR NEW YEAR DINNER

Come celebrate Lunar New Year on Sunday, Feb 2, 2025 a the Grand Crystal Seafood Restaurant.

Tickets are \$65.00 and can be purchased at the parish office.

10 SIMPLE GOALS TO BE BETTER EACH DAY. Includes icons and text for: YELL LESS, COMPLIMENT MORE, GIVE MORE HUGS, SHOW LOVE TO OTHERS, LET GO OF YOUR CELL, KEEP YOUR HOUSE CLEAN, HAVE MORE FAMILY TIME, SAY "YES" MORE OFTEN, COMPLAIN LESS, BE THANKFUL FOR YOUR LIFE.

Last Weekend's Collection

Sunday Offertory Collection	\$7,805.60
Building Fund	\$85.00
Christmas Offering	\$205.00
Initial Offering	\$327.00
Solemnity of Mary	\$130.00
Peter's Pence	\$20.00
Youth Ministry	\$15.00
TOTAL	\$8,587.60

Thank you for your continued generosity.



2025 ENVELOPES

- By January 1st, please only use the 2025 envelopes. Please recycle all old envelopes used in previous years.
- If you attend Sunday Mass at another parish and you drop your Corpus Christi envelopes at that church, please **DO NOT PUT IN ANY COINS**. Parishes are not allowed to mail envelopes which contain coins for security purposes.
- Please do not use staples and/or scotch tape to seal your envelopes. This causes delay in counting the collection and can sometimes injure the counters with hard-to-remove staples wires.
- If you donate online, you're still encouraged to use the envelopes while attending Sunday mass. Simply check the box that says "**ONLINE DONOR**" and drop it into the collection basket.
- If you wish to have a set of 2025 envelopes, please contact the parish office.

Remembering the Sick In Prayers

Sr. Florchita Bautista	Juan Garzon	Maria C. Martinez
Naty Bonus	Flor Gatchallan	Cecelia Mulcahy
Isabelita Carpentero	Gerda Heilemann	Ben Ng
Anthony Centeno	Paul David	Toma Nitta
Helen Cervo	Matilde Fernandez	Maria Pinto
Mavis Chow	Norena Gonzales	Sebastian Pinto
Francis Claire	Peter Hinz	Margaret Tai
Joseph Chiu	Sanae Hogan	Fred Vendencia
Anna S. B. David	Peter In	Digno Vibat
Christianne Depre	Yuk King Lai	David M. Williams
Heloisa Schuch Durao	Enrico Liamzon	Julia Williams
Honesto Estabillo	Yen Ting Lin	
	Grace Macapinlac	

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office.

The names listed in the bulletin will remain here unless the office is notified.

恭賀新禧



Corpus Christi Parish 基督聖體聖血堂
Lunar New Year 農曆新春
Celebration Dinner 聯歡晚宴

Grand Crystal Seafood 麗晶海鮮酒家
Restaurant, Crystal Mall 麗晶廣場
#2216-4500 Kingsway 本拿比
Burnaby

Sunday Feb 2, 2025
6:00pm, dinner starting at 6:30pm
\$65 Each

Everyone is welcome. 歡迎所有人士參加

Dinner ticket can be purchased at parish office.

餐券可在堂區辦事處購買。



pastor's Corner



2nd Sunday in Ordinary Time

It is happening this week! Mark your calendars to spend sometime between Tuesday, January 21st and Friday, January 24th, to be with the Lord in our parish Church. During these days we will be having 40 Hours of Adoration of Jesus in the Blessed Sacrament. To be with the Lord in the Blessed Sacrament is one of the most important things we can do for ourselves and for others. We need this.

Jesus calls us like he called Sts John and Andrew: **“come and see”** (John 1: 39). Can you spend one, just one hour with the Lord present on the altar? How many people spend time in front of the TV for hours on end, or spend more hours in front of the computer, or on your phones playing mindless video games, or perhaps getting caught, sucked right into the poison and sinfulness of pornography.

You want to know how you can break this habit. There are many ways but spend more time with Jesus Christ in prayer, in **private prayer, in Mass, and in adoration**. Spend time with Jesus, don't leave him, and he will give you the resilience you need to say “no” to this poison, this garbage, this filth that is dehumanizing to both men and women. Spend time with Jesus and if you let him, he will transform you, BUT you have to let him. He requires your permission. Whether it is pornography, or gossip, or laziness, or “whatever”, all of these are “roads to nowhere” and “dead ends”. They do not make us better; they do not make us more like God.

Spending time with the Lord, however, will help you in every way. Give God a chance. Book Jesus into your schedule for Adoration! Sign-up sheets are in the Vestibule.

A year ago I printed 10 reasons why you should consider making a Holy Hour. I reprint it again as I know that, IF YOU READ THIS you will be convinced to begin praying, perhaps starting with 15 minutes a day, or 30 minutes a day that will eventually build up to you doing a Holy Hour every day. You probably think this is totally unreasonable. If you begin small, but do pray every day then you will want more time. Try and see for yourself!

<https://docs.google.com/document/d/1rqZ3-JiGT8tdTP3OuTxU47dUqtcCpIQMXJkAYwMkLF0/edit?usp=sharing>

Please note:

During the time of 40 Hours the Adoration Chapel will be closed the entire week. The chapel is going to get new flooring, a new paint job and new lighting. The new altar is being prepared and is scheduled for completion by the end of March.

Fr. Hamilton



pastor's Corner

常年期第二主日 本堂神父的話



就在本週！請在行事曆上標記 1 月 21 日（星期二）至 1 月 24 日（星期五）之間的時間，來我們堂區教堂陪伴主耶穌。在這幾天，我們將舉行『四十小時朝拜聖體』。在至聖聖體內陪伴主耶穌，是我們為自己和他入所能做的最重要的事之一。我們都需要這份恩典！

耶穌如同召叫聖若望和聖安德肋一樣，也在召叫我們：『你們來看看吧！』（若 1:39）。你願意花一個小時，就一個小時，去陪伴祭台上臨在的主人耶穌嗎？有多少人花幾個小時坐在電視機前，或長時間待在電腦前，也許不停地滑動手機玩無意義的遊戲，又有甚或不小心陷入色情的毒害與罪惡的深淵？

你想知道如何擺脫這種惡習。有許多方法，但最重要的是花更多時間與耶穌基督在一起——在祈禱中、在私人祈禱中、在彌撒中、以及在朝拜聖體中與主相遇。花時間陪伴耶穌，不要離開祂，祂會賜給你所需的力量，幫助你對這些毒害、垃圾、玷污人性尊嚴的事物說『不』。這些事物讓男性和女性都受到傷害。花時間陪伴耶穌，若你願意讓祂進入你的生命，祂將轉化你，但前提是你必須願意接受祂。祂需要你的允許。無論是色情、閒言碎語、懶惰，還是其他不良習慣，這些都是『死胡同』、『無路可走』的路徑。它們不會讓我們變得更好，更不會讓

我們更肖似天主。

然而，花時間與主同在，會在各方面幫助你。給天主一個機會！把耶穌排進你的行程表，參與聖體朝拜！登記表就在教堂前廳的桌上。

一年前，我曾印製了你為什麼應該考慮朝拜聖體的十大理由。今天我再次重印這些理由，因為我知道，如果你閱讀這些內容，你將被說服開始每天祈禱——或許從每天 15 分鐘開始，然後慢慢增加到每天 30 分鐘，最終，你會想要每天做一個小時的聖體朝拜。你可能覺得這樣的想法完全不切實際。但如果你從小的開始，每天堅持祈禱，那麼你自然會渴望花更多時間與主同在。試試看，親自體驗一下吧！

<https://docs.google.com/document/d/1rqZ3-JiGT8tdTP3OuTxU47dUqtcCpIQMXJkAY-wMkLF0/edit?usp=sharing>

請注意：

在 40 小時聖體朝拜期間，聖體小堂將整週關閉。小堂將進行地板更換、重新粉刷及安裝新的照明設備。目前新的祭臺正在製作中，預計於三月底前完成。

Hamilton 神父

6 Things That Happen When You Go To Daily

Mass

by [Julie Radachy](#), Catholic Link



“You are what you eat.” This popular phrase is usually related to eating healthy food, but some have raised the question as to whether this applies to eating the Body and Blood of Christ^[JR1]. When I first heard someone connect the two several years ago, I wondered if it was truly possible to become more like Jesus Christ as a result of attending daily Mass and partaking of the “daily bread” that we hear about in the Our Father. As we can learn from the saints who have gone before us, the answer to that question is yes. Attending daily Mass changes us in many ways.

We Become More Hungry

No, this isn't the earthly food that I'm referring to! Instead, I'm referring to the Eucharist, “the source and summit of the Christian life.”^[JR2] If God leads and we follow, the Eucharist—and by nature, the Mass—will become the center of our life and of our days. As St. John Vianney said, “There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us.”^[JR3] The more we understand the beauty of this gift from God, the hungrier we become to regularly receive it.

We Grow in Holiness

Our faith increases because we learn more, both intellectually and spiritually. As the Word of God enters our minds and our hearts, we begin to be transformed, seeing, in part, how to change vices into virtues. Sometimes, we see elements of our own lives in the readings or the homilies that we hear, allowing us to make a personal goal of aligning ourselves to the ways in which God wants us to live. Receiving the Eucharist continues this transformation, helping us to understand how to love as God does. As St. Therese of Lisieux stated, “I understood that love comprises all vocations – that love is everything, and because it is eternal, embraces all times and places^[JR4].” This love is not only our own but also God's.

Visiting Jesus daily in the Tabernacle can also help us to grow in holiness. St. John Paul II said: “Love Jesus present in the Eucharist. He is present in a sacrificial way in Holy Mass, which renews the Sacrifice of the Cross. To go to Mass means going to Calvary to meet him, our Redeemer. He comes to us in Holy Communion and remains present in the tabernacles of our churches, for he is our friend^[JR5].” In the same way that the women and the Beloved Disciple likely grew in holiness as they stood with Jesus through his Passion and Death, we, too, have the opportunity to grow in holiness as a result of being at the foot of the Cross during the Holy Sacrifice of the Mass. Specifically, we begin to see our own crosses as a cause for joy as we stay near the never-ending hope of our Savior's Cross.

We Become Detached From Sin

At the same time we grow in holiness, we grow a distaste for sin.

“He who devoutly hears Holy Mass will receive a great vigor to enable him to resist mortal sin, and there shall be pardoned to him all venial sins which he may have committed up to that hour.”

St. Augustine^[JR6] ^[JR7]

The desire to attend Mass and to follow Jesus wholeheartedly helps us to conquer vices and grow in virtue.

We Receive More Graces

The graces we receive may not be known immediately, but we know that God is ready to pour them out onto us. St. Faustina wrote in her [*Diary: Divine Mercy in My Soul*](#) that Jesus said to her: “I desire to unite Myself to human souls. Know, My daughter, that when I come to a human heart in Holy Communion, My hands are full of all kinds of graces which I want to give to the soul” (1385). The math here is easy: the more that we attend Mass, the more graces we receive—assuming that we are open to them.

We Can Live Our Vocation and Our Avocation(s)

Attending daily Mass gives us the ability to live our vocation and our avocation(s) to the fullest. St. Faustina wrote that the “bread of the Strong gives me all the strength I need to carry on my mission and to do whatever the Lord asks of me^[JR8].” While the tasks that God may reveal to us during our time communing with Him may seem daunting if we think that we are being called to this vocation or avocation alone, being able to receive Holy Communion regularly during the Mass will allow us to live as we are being called and realize that we are truly not alone.

We Want to Spend More and More Time with Jesus

Soon, we will find that attending daily Mass just isn't enough; we will feel called to spend more and more time with Jesus, leading us to participate in Holy Hours and in Adoration. St. Teresa of Calcutta alludes to this with the statement that the “time you spend with Jesus in the Blessed Sacrament is the best time you will spend on earth.”^[JR9] When we spend enough time with Jesus in the Blessed Sacrament that we come to this same realization, we will do what we can to maximize our time spent with Him.

So, then, what is a good elevator speech about what happens when we attend Mass each day? Perhaps St. Leo the Great answers that the best: **“Our sharing in the Body and Blood of Christ has no other purpose than to transform us into that which we receive.”**

Senior CCYM Formation Event

**Peace with Others:
Forgiveness and Reconciliation**

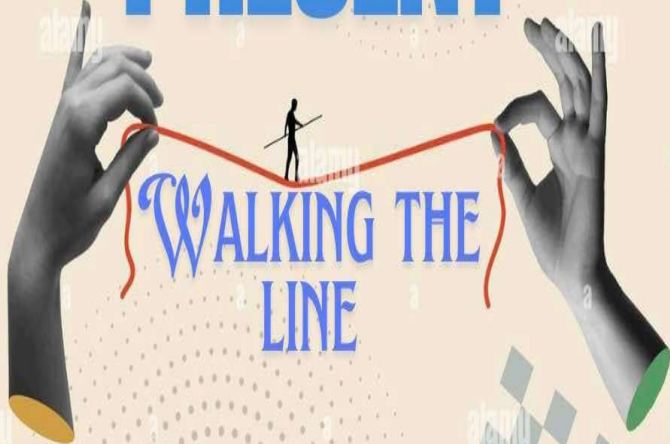


Where: Corpus Christi Parish Centre

When: Saturday, January 18th from 7:00-9:00 PM

Corpus Christi Parish
YOUTH MINISTRY

CCYM
PRESENT



**WALKING THE
LINE**

Formation Event
Saturday, January 18
Parish Centre
6:30-8:30pm

Feb. 8-9, 2025

Saturday Morning to Sunday Afternoon

**SEMINARY OF
CHRIST THE KING
VOCATION LIVE-IN**

**HIGH SCHOOL
Grades 6-11**



TO SERVE IS TO REIGN

Are You Interested...

in the priesthood or the life of a religious brother, and want to see for yourself what seminary life is like? Come and see!

Spend Two Days...

at the Seminary and become acquainted with other young men who have the priestly or religious vocation in mind.

Arrive...

any time Saturday morning, preferably between 8:00-9:00 am.

Bring...

a sleeping bag, school clothes, and some old clothes for sports, a towel, etc.

PLANNING TO ATTEND:

SCAN THE QR CODE TO REGISTER OR SEND AN EMAIL FOR A LINK TO THE APPLICATION FORM:
RECTOR.MINORS@SCK.CA



SCAN THE QR CODE TO CHECK OUT A VIDEO ON THE SEMINARY



The High School Live-In will include interaction with priests, brothers and seminarians, daily Mass and prayer, recreational activities, sports, and some reflective reading.

The suggested fee is \$40

FUTURE LIVE-IN: July 5-6, 2025



Vocation Live-in
Seminary of Christ the King
PO Box 3310
Mission, BC V2V 4J5



Phone: 604 826 8715
Fax: 604 826 8725



Rector: Fr. Anthony Nguyen, osb
Email: rector.minors@sck.ca
www.sck.ca