



September 29, 2024

Twenty Sixth Sunday in Ordinary Time

Pastor 主任司鐸
Fr. Bruce-John Hamilton

Assistant 助理司鐸
Fr. Raffaele Salvino

Chinese Mass 中文彌撒司鐸
Fr. Paul Chu

Office Manager 辦公室經理
Winnie Shiao
Email: winnie@ccparish.ca

Office Administrator 辦公室助理
Irene Goh
Email: irene@ccparish.ca

Parish Office Hours 堂區辦事處時間
Mon—Fri 8:30 am to 4:30 pm

Sunday Mass 主日彌撒
Saturday Vigil 週六:
5:00 pm (English 英)
Sunday 週日:
9:00 am (English 英)
11:00 am (English 英)
3:00 pm (Cantonese 廣東話)

Weekday Mass 平日彌撒
Monday to Saturday - 8:00 am
Wednesday - 9:00 am (*School Mass when school is in session*)
Holy Hour every Friday - 6:00 pm
First Friday Evening Mass - 7:00 pm
Holidays - 9:00 am

Confession 修和聖事
Monday to Friday - 7:45 – 7:55 am
Friday - 6:00 – 6:45 pm (during Holy Hour)
Saturday - 8:30 am after Mass
Saturday - 3:45 – 4:45 pm
Sunday - 2:30 – 2:55 pm (Cantonese)

Liturgy of the Hours/Devotions
Lauds - 7:30 am on weekdays
Holy Rosary - Monday to Saturday
After morning Mass

Emmaus Adoration Chapel
The Chapel is now open 24/7 and accessible by a code. Please contact the Parish Office for the code.

Corpus Christi Elementary School
2360 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-321-1117
Email: office@cchristi.ca
Website: www.cchristi.ca
Principal: Ms. Rosa Natola

Corpus Christi Childcare Centre
2362 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-416-4117
Manager: Mrs. Ivana Ciccone
Email: iciccone@cchristi.ca



4 Core Values of Corpus Christi Parish
Engaged Disciples: Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service. (cf. *Mission of the Redeemer 90, JP11*)



Rooted in Tradition: Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fullness of the teachings of Christ in every aspect of parish life. (cf. *2 Thessalonians 2:15*)



Multiplying Leaders: Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same. (cf. *2 Timothy 2:2*)



Evangelical Hospitality: Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family. (cf. *Acts 2:44-47*)

PARISH MINISTRIES/GROUPS

Adoration Chapel
Alpha
Altar Servers

Araceli Hinz
Michelle Wong
Fr. Hamilton, Fr. Salvino,
Margie Lacson
Mary Vendencia, Mellysa Lim
(9am/11am), Tina Chan (3pm)

After Mass Socials

Baptism Preparation
Bible Study

Adelia Yiu
Joyce Fung (Tues Morning)
Joseph Chiu (Chinese)
Camille Macapanpan
Frank Chan
Kevin Garcia (5pm)
Dominica Chan (9am)
Scholastica Au (11am)
Vincent Lau (3pm)

Catholic Women's League
Chinese Community
Choir

Joyce Fung
Agnes Lo
Monica Lau
Serafina Chau

Church Care
Altar Linens
Church Flowers
Emergency Management
Extraordinary Ministers of
Holy Communion
Hospitality Ministry

Bill Lam
Annie Dee, Mary Vendencia,
Mellysa Lim (Greeters)
David Robinson
Margie Goebel
David & Connie Robinson
Seamus O'Brien
Veronica Yam
Neila Tong
Joseph Chiu (Chinese)
Thomas Robinson
Irene Goh (Weekend Mass)
Joyce Fung (Weekday Mass)

Knights of Columbus
Legion of Mary
Marriage Mentorship
Men's Group
PREP
RCIA

Faith Studies
Readers

Safe Environment
Seniors' Ministry

Senior Leadership Team

Ushers
Youth Ministry

Karen Tully
Theresa Stewart,
Remedios Yeung
Fr. Hamilton, Fr. Salvino, Schola Au,
Prisca Cheung, Annie Dee, Margie
Lacson, Peter Lee, Winnie Shiao,
Deborah Welsh
Rick Lam
Miguel Lacson, Isabelle Liu

BAPTISM

The Baptism Preparation Classes for parents are held via Zoom every 1st (Part 1) and 3rd (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. **Baptism celebrations are held on the 2nd and 4th Saturdays of each month @ 11:00 am.**

HOLY MATRIMONY

We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office or either one of our priests at least 9 months prior to the proposed wedding date.

ANOINTING OF THE SICK

If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

VGH:
604-875-4111
Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.)
Fr. Aresene Dutunge (Wed. and Thurs.)

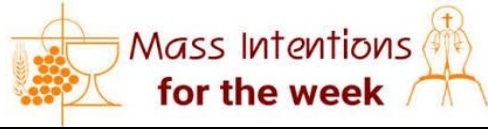
MOUNT ST. JOSEPH HOSPITAL:
Fr. Joseph Ha Vinh Tran, OP (Chaplain)
604-876-7826

BURNABY HOSPITAL:
St. Theresa's Parish
604-434-4211 (Chaplain)
604-298-6800 (Parish)

ST. PAUL'S HOSPITAL:
Fr. Victor Fernandes, OCD
604-682-2344/604-445-9323
(cell)/604-252-4224 (pager)

September 29, 2024

Twenty Sixth Sunday in Ordinary Time



Saturday, Sep 28

Vigil Mass

5:00 PM Deceased members of the Bilan Family RIP

Sunday, Sep 29

9:00 AM All Parishioners, Living and Deceased

11:00 AM Manuel Lazaro, RIP

3:00 PM David Lo, RIP

Monday, Sep 30

St. Jerome

9:00 AM Vicente Rebibis, RIP

Tuesday, Oct 01

St. Therese of the Child Jesus

8:00 AM Rizal Angeles, RIP

Wednesday, Oct 02

The Holy Guardian Angels

8:00 AM Leodigario Cajucom, Birthday

9:00 AM School Mass

Thursday, Oct 03

8:00 AM John Alvarez, RIP

Friday, Oct 04

St. Francis of Assisi

8:00 AM Ignatius Hong, RIP

6:00 PM Holy Hour

7:00 PM First Friday Mass

Saturday, Oct 05

8:00 AM Edna Roque, RIP



Full Time Administrative Assistant.

Applications are open. Please see the job description on our parish website.

Submit a resume and a cover letter to Winnie Shiao by Fri, Oct 4, 2024

PARISH ANNOUNCEMENTS

MON, SEP 30

Morning Mass on Mon, Sep 30 will be at 9:00 AM due to the National Day of Truth and Reconciliation statutory holiday. The Parish office is also closed on that day.

SENIOR MINISTRY

The Seniors' Ministry will be meeting on October 3rd from 10 - 12 in the Parish Centre

Please join us for tea and snacks and to pray the Rosary.



READINGS ON OCT 13

Please note that the readings for Sunday, Oct 13 (28th Sunday in Ordinary Time) will be changed. We will provide copies of the readings closer to that date.

RELIGIOUS ARTICLES BOOTH

The Religious Booth will be opened this Sunday, Sep 29th from 8:45am to 11:15am (closed during Mass).

PROJECT ADVANCE 2024

We're accepting donations at the parish office or online at on our parish website.

We encourage you to continue your support through prayer and giving, as our generosity reflects our care for our community.

Thank you for your ongoing support and commitment.



AFTER MASS SOCIALS

After Mass Socials are back!!!

WHEN: Every Sunday

TIME: After the 9am & 11am Masses

WHERE: Parish Centre



Last Weekend's Collection

Sunday Offertory Collection	\$7174.90
2nd Collection	
Building Fund	\$3993.75
Healing & Reconciliation	\$25.00
Initial Offering	\$10.00
Needs of the Cdn Church	\$80.00
Pro-Life	
Total	\$11283.65

Thank you for your generosity!

Scan the QR code to learn how to donate on line.



Remembering the Sick In Prayers

Sr. Florchita Bautista	Gerda Heilemann Paul David	Grace Macapinlac Maria C. Martinez
Naty Bonus	Francisco Fernandez	Cecelia Mulcahy
Anthony Centeno	Matilde Fernandez	Toma Nitta
Helen Cervo	Norena Gonzales	Maria Pinto
Mavis Chow	Peter Hinz	Sebastian Pinto
Francis Claire	Sanae Hogan	Margaret Tai
Joseph Chiu	Peter In	Fred Vendencia
Christianne Depre	Yuk King Lai	Digno Vibat
Honesto Estabillo	Yen Ting Lin	David M. Williams
Juan Garzon	Yvonne Lombardo	Julia Williams



Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office.

The names listed in the bulletin will remain here unless the office is notified.

7 simple ways to grow in holiness before noon



Get out of bed with the first alarm

The first small sacrifice of the day: don't press snooze!



Make your bed

Your bed and your home are a gift. Take care of that gift.



Say a little extra grace before breakfast

Make an intention for something or someone.



Take care of your dishes

Offer up that extra minute as a prayer for someone.



Smile at a stranger on your way to work

Do a simple gesture of kindness for someone you don't know.



Deny the urge to snack after breakfast

Deny yourself small pleasures and offer them to God.



Take notice of something (or someone) you normally wouldn't

Think of yourself less and serve others more.

Funeral Announcements

In your charity, please remember

Chan Ying Wai

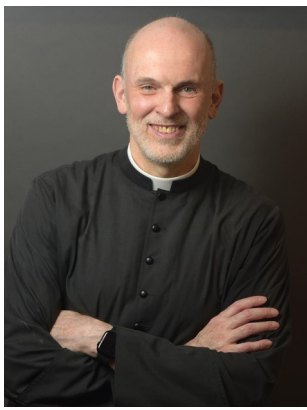
Funeral Mass will be held on
Friday, October 4

Jovencio Quibuyen

Funeral Mass will be held on
Wednesday, October 9 @ 11:00 AM

*Eternal Rest, grant unto them, O Lord
And let perpetual light shine upon them.
May their souls and the souls of all the faithful
departed rest in peace. Amen.*





pastor's Corner

26th Sunday in Ordinary Time



This past weekend there was a men's retreat. As you can see from this photo there was a large contingent from Corpus Christi present. In fact, CC had the largest contingent of any parish in the Archdiocese. It is so good that these men went on retreat. Now, we need to pray that they implement the graces received into their lives and where applicable to their family life. Let us also pray that more men come forward and want to be a part of this group of good men!



This Saturday, September 28th, the parish will host a Hospitality Summit, as mentioned in a previous Pastor's Corner. This is an important opportunity for parishioners, who are involved in the various forms of hospitality, to gather and hear about the 10 Year Vision. Everyone should want to grow, should want to be updated, should want to network and learn.

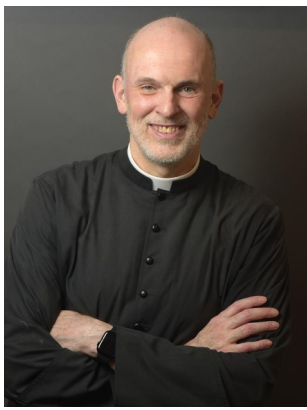
I mention this in my presentation: Hospitality, in its truest sense, is about creating an environment

where everyone feels welcomed, valued, and loved. It's about embracing each person who walks through our doors, whether they've been here for years or are stepping into our parish for the very first time. It's about making sure that people feel that this is not just a church they attend, but a home where they belong.

The Hospitality Summit is an opportunity for us to explore how we can grow in this ministry of welcome. It's a chance for us to reflect on how we treat one another, how we welcome newcomers, and how we can extend the love of Christ to everyone we encounter in our parish life.

I have heard that some people who are involved in Hospitality question the importance of this time spent on a Saturday morning. It is good time spent and I have spent time putting this presentation together and will be there with everyone. Our Vision can only go forward when we have parishioners committed to it. Parish renewal takes work and you who are involved in Hospitality are essential to this renewal. If you read this before Saturday morning I hope you are there. If you think we can improve let us know. We need you involved! Fight against complacency!

Fr. Hamilton



pastor's Corner

常年期第二十六主日 本堂神父的話



上週末舉行了一次男士退省。從這張照片中可以看出，來自基督聖體聖血堂的團隊非常龐大。事實上，基督聖體聖血堂是整個總教區中參加人數最多的堂區。這些男士能參加退省真是太好了。現在，我們需要祈禱，願他們將所獲得的恩寵應用在生活中，並在適當的情況下帶入家庭生活。我們也要祈禱，願更多的男士出來，願意成為這群善良男士的一員！



本週六，9月28日，本堂將舉辦一場接待高峰會，正如之前在《本堂神父的話》中提到的。這是一次重要的機會，讓參與各種接待工作的教友聚集在一起，了解本堂的十年願景。每個人都應該渴望成長、渴望更新、渴望交流學習。

我在講道中提到：在其最真實的意義上，款待是關於創造一個讓每個人都感到受歡迎、被珍視和被愛的環境。這是要擁抱每一個走進我們堂區的人，無論他們已經在此多年，還是第一次來到我們的堂區。這是要確保每個人都感受到，這不僅僅是他們參加的教堂，而是一個他們可以歸屬的家。

款待高峰會是一個讓我們探討如何在這歡迎事工中成長的機會。這是我們反思彼此如何相待、如何接納新來者，以及如何在堂區生活中向每一位我們遇見的人傳遞基督之愛的時刻。

我聽說一些參與款待事工的人質疑星期六早上的這段時間的重要性。這是一段寶貴的時間，我也花了心思來準備這個演講，並將與大家一同參加。我們的願景只有在有教友致力於它的情況下才能向前推進。堂區的更新需要努力，而你們這些參與款待的人是這次更新中不可或缺的。如果你在星期六早上之前讀到這個消息，希望你能參加。如果你認為我們可以改進，請告訴我們。我們需要你們的參與！抵抗自滿！

Hamilton 神父

How My Morning Coffee Transformed

My Spiritual Life

By [Emily Mae Mentock](#), [Grotto Network](#), Behold

How do you pray? For the first 18 years of my life, it was mostly rehearsed prayers I learned in school or from my parents. For the next five years or so, I didn't really pray at all. Even in Mass, I would mindlessly [go through the motions](#). Saying grace around the family table was more ritual than prayer.

Then, when I reconciled with God, the Church, and myself, my prayers were mostly awkward utterances of praise for God or shamefully asking for His help — but feeling like I didn't deserve it.

I fully desired to have a relationship with God, but I didn't feel like I deserved one after my years away from Him. I wanted to pray daily like my newfound church-going friends, but honestly I had no idea what to say to God. Sorry for being away so long? How great Thou art? Help me? Trying to be formal like the devout people around me sounded so awkward in my own voice — and I definitely wasn't feeling any closer to God.

Last winter I had the pleasure of being asked to interview [Dr. Carolyn Woo](#), former president and CEO of Catholic Relief Services, as part of a [Theology on Tap](#) series. As she spoke about her incredible life, one consistent thing stood out: chapels. Wherever she was, she made it a priority to spend some time in a chapel every day. But, instead of kneeling in formal prayer, she brought her coffee mug in with her.

Bringing her coffee, she said, makes it feel like she is sitting at God's kitchen table — with all the comfort and warmth of home.

She shared that speaking openly and freely with God on a daily basis is what kept her grounded in the good times and got her through the bad. She would tell God about her day, her hopes, and her regrets, and [ask Him for His help](#) — even for things as simple as running a meeting!

This completely changed my thoughts on prayer! While I didn't have daily access to chapels the way Dr. Woo did, I

realized that praying could be as simple as inviting God into my day each morning over my coffee — and I decided to really give it a try.

For the first time, I was able to develop the relationship with God that I had desired. Talking or listening to Him didn't need to be a formal affair. It only took a simple conversation at the beginning of each day. I turned this into a habit by remembering to tell God about my day each time I made coffee, but soon it turned into something I did throughout the day without needing to discipline myself into a routine.

Now, months later, I still wouldn't say I have a rock-star prayer life. But, I'm no longer intimidated by it, and I feel like God is working in my life in a way that wasn't there before I learned to talk to Him. Incorporating these authentic conversations into my spiritual life took it to a whole new level — no rosaries required.

Like St. Teresa of Avila said, "Prayer is nothing more than being on terms of friendship with God." Those are terms I want to be on. Like Dr. Woo, I found a prayer life in sipping coffee at God's kitchen table, telling Him about my life, and giving Him a chance to come into it.





Corpus Christi
SCHOOL

KINDERGARTEN 2025-2026 OPEN HOUSE

When?

FRIDAY, OCTOBER 4
1:00PM - 2:00PM

Where?

SCHOOL GYM

APPLICATIONS MUST BE RETURNED TO
THE SCHOOL OFFICE NO LATER THAN
WEDNESDAY, OCTOBER 30, 2024



2360 WAVERLEY AVENUE
VANCOUVER, BC
V5S 0J1

Corpus Christi Dinner Fundraiser



*Join us to celebrate
Fr Hamilton's 65th Birthday*

Italian Cultural Centre - 3075 Slocan Street
Sunday, November 10
Doors open at 5pm
Cash bar and live auction

\$150* for ages 13+
*\$80 is tax deductible

\$30 for ages 6-12
Free for 5 and under

Tickets will go on sale starting in October,
following Sunday Mass. You can also purchase
tickets in person at the parish office.