









6350 Nanaimo Street, Vancouver, BC V5P 4K7 T: 604-324-2265 F: 604-327-9699 www.ccparish.ca Email: parish.cc@rcav.org

December 08, 2024 **Second Sunday of Advent**



Pastor 主任司鐸 Fr. Bruce-John Hamilton

Assistant 助理司鐸 Fr. Raffaele Salvino

Chinese Mass 中文彌撒司鐸 Fr. Paul Chu

Office Manager 辦公室經理 Winnie Shiao Email: winnie@ccparish.ca

Parish Office Hours 堂區辦事處時間 Mon-Fri 9:00am - 12:00pm

Sunday Mass 主日彌撒

Saturday Vigil 週六: 5:00 pm (English 英) Sunday 週日: 9:00 am (English 英) 11:00 am (English 英) 3:00 pm (Cantonese 廣東話)

Weekday Mass 平日彌撒

Monday to Saturday - 8:00 am Wednesday - 9:00 am (School Mass when school is in session) Holy Hour every Friday - 6:00 pm First Friday Evening Mass - 7:00 pm Holidays - 9:00 am

Confession 修和聖事

Monday to Friday - 7:45 - 7:55 am Friday - 6:00 – 6:45 pm (during Holy Hour) Saturday - 8:30 am after Mass Saturday - 3:45 – 4:45 pm Sunday - 2:30 – 2:55 pm (Cantonese)

Liturgy of the Hours/Devotions Lauds - 7:30 am on weekdays

Holy Rosary - Monday to Saturday After morning Mass

Emmaus Adoration Chapel

The Chapel is now open 24/7 and accessible by a code. Please contact the Parish Office for the code.

Corpus Christi Elementary School

2360 Waverley Avenue Vancouver, BC V5S 0J1 Phone: 604-321-1117 Email: office@cchristi.ca Website: www.cchristi.ca Principal: Ms. Rosa Natola

Corpus Christi Childcare Centre

2362 Waverley Avenue Vancouver, BC V5S 0J1 Phone: 604-416-4117 Manager: Mrs. Ivana Ciccone Email: iciccone@cchristi.ca



4 Core Values of Corpus Christi Parish

Engaged Disciples: Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service. (cf. Mission of the Redeemer 90, JPII)



Rooted in Tradition: Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fullness of the teachings of Christ in every aspect of parish life. (cf. 2 Thessalonians 2:15)



Multiplying Leaders: Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same. (cf. 2 Timothy 2:2)



Evangelical Hospitality: Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family. (cf Acts 2:44-47)

PARISH MINISTRIES/GROUPS

Adoration Chapel Araceli Hinz Alpha Michelle Wong **Altar Servers** Fr. Hamilton, Fr. Salvino, Margie Lacson After Mass Socials Mary Vendencia, Mellysa Lim (9am/11am), Tina Chan (3pm) **Baptism Preparation** Adelia Yiu Bible Study **Joyce Fung (Tues Morning)** Joseph Chiu (Chinese) Catholic Women's League Camille Macapanpan **Chinese Community** Frank Chan Choir Kevin Garcia (5pm)

Church Care Altar Linens Church Flowers **Emergency Management** Extraordinary Ministers of **Holy Communion Hospitality Ministry**

Knights of Columbus Legion of Mary Marriage Mentorship Men's Group

PREP RCIA

> Faith Studies Readers

Safe Environment

Seniors' Ministry Senior Leadership Team

Ushers Youth Ministry

Dominica Chan (9am) Scholastica Au (11am) Vincent Lau (3pm) Joyce Fung Agnes Lo

Bill Lam

Monica Lau

Serafina Chau

Annie Dee, Mary Vendencia, Mellysa Lim (Greeters) David Robinson Margie Goebel David & Connie Robinson Seamus O'Brien

Veronica Yam Neila Tong

Joseph Chiu (Chinese) Thomas Robinson

Irene Goh (Weekend Mass) Joyce Fung (Weekday Mass)

Karen Tully Theresa Stewart, Remedios Yeung

Fr. Hamilton, Fr. Salvino, Schola Au, Prisca Cheung, Annie Dee, Peter Lee, Winnie Shiao, Deborah Welsh

Rick Lam

Miguel Lacson, Isabelle Liu

BAPTISM

The Baptism Preparation Classes for parents are held via Zoom every 1st (Part 1) and 3rd (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. Baptism celebrations are held on the 2nd and 4th Saturdays of each month @ 11:00 am.

HOLY MATRIMONY

We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office or either one of our priests at least 9 months prior to the proposed wedding date.

ANOINTING OF THE SICK

If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

VGH:

604-875-4111

Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.) Fr. Aresene Dutunge (Wed. and Thurs.)

MOUNT ST. JOSEPH HOSPITAL:

Fr. Joseph Ha Vinh Tran, OP (Chaplain) 604-876-7826

BURNABY HOSPITAL:

St. Theresa's Parish 604-434-4211 (Chaplain) 604-298-6800 (Parish)

ST. PAUL'S HOSPITAL:

Fr. Victor Fernandes. OCD 604-682-2344/604-445-9323 (cell)/604-252-4224 (pager)

December 08, 2024

Second Sunday of Advent



Saturday, Dec 07

Vigil Mass

5:00 PM Angelo Duran, RIP

Sunday, Dec 08

Sunday Mass

9:00 AM All Parishioners, Living and Deceased

11:00 AM Mary Guiliano, RIP

3:00 PM Jennifer Mak Lau, RIP

Monday, Dec 09

The Immaculate Conception of the Blessed Virgin Mary

8:00 AM Inocencio Ong, RIP

Tuesday, Dec 10

8:00 AM All Souls, RIP

Wednesday, Dec 11

8:00 AM Maribel Selin, Birthday

9:00 AM School Mass

Thursday, Dec 12

Our Lady of Guadalupe

8:00 AM Jennifer Mak Lau, RIP

Friday, Dec 13

St. Lucy

8:00 AM Ludevina Baniqued, RIP

6:00 PM Holy Hour

Saturday, Dec 14

St. John of the Cross

8:00 AM Deceased members of the Di Marino &

Pellicciotta Families, RIP



Cook / Housekeeper Wanted

We're looking for a part time cook / housekeeper, working on Thurs & Fri from 8:30am - 4:30pm.

Please submit a resume and cover letter to Winnie at Winnie@ccparish.ca

PARISH ANNOUNCEMENTS

NEW PARISHIONERS & VISITORS

Welcome to Corpus Christi Parish. To register, please visit us at the Welcoming Booth in the church vestibule or download from the parish website, www.ccparish.ca.

Envelopes are assigned to those who request for them.

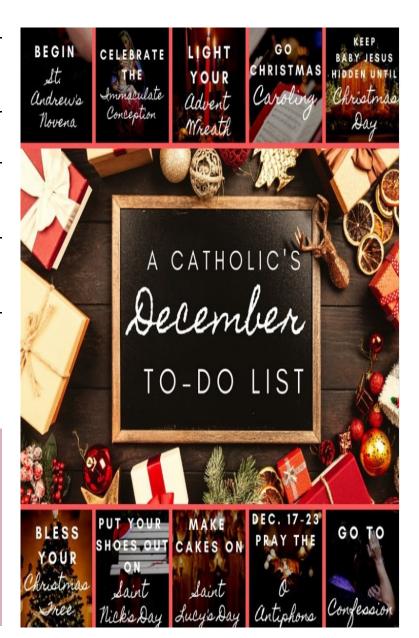
PROJECT ADVANCE

Volunteers will be available after all Masses next week (Dec 14th & 15th) collecting donations for the last time this year. We've raised \$106,430 so far.

Help us achieve our goal of \$150,000! Thank you!

RELIGIOUS ARTICLES BOOTH

The Religious Articles Booth will be open on Sunday, Dec 8 & 22 from 8:45am to 11:15am (closed during Mass)



Last Weekend's Collection

Sunday Offertory Collection	\$7,327.15
Building Fund	\$405.00
Evangelization of Nations	\$50.00
Healing & Reconciliation	\$20.00
Home Missions	\$175.00
New Year's Day	\$5.00
Peter's Pence	\$40.00
Youth Ministry	\$3304.60
Total	\$11,326.75
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Remembering the Sick In Prayers

Sr. Florchita Bautista **Naty Bonus** Anthony Centeno Helen Cervo Mavis Chow Francis Claire Joseph Chiu Christianne Depre Heloisa Schuch Durao Honesto Estabillo

Juan Garzon Gerda Heilemann Paul David Matilde Fernandez Norena Gonzales Peter Hinz Sanae Hogan Peter In Yuk King Lai Yen Ting Lin Grace Macapinlac

Maria C. Martinez Cecelia Mulcahy Toma Nitta Maria Pinto Sebastian Pinto Margaret Tai Fred Vendencia Digno Vibat David M. Williams Julia Williams

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office.

> The names listed in the bulletin will remain here unless the office is notified.





Immaculate Conception is this month's devotion.

DECEMBER CATHOLIC FEAST DAYS

December 3: St. Francis Xavier

December 6: St. Nicholas December 7: St. Ambrose

December 8: Feast of the Immaculate

Conception (Holy Day)

December 9: St. Juan Diego December 12: Our Lady of Guadalupe

December 13: St. Lucy

December 14: St. John of the Cross

December 20: St. Dominic Silos

December 21: St. Peter Canisius

December 24: St. Charbel | Christm

December 25: Christmas Day (Holy Day) December 26: Feast of the Holy Family |

St. Stephen

December 27: Feast of St. John the

Baptist

December 28: Feast of the Holy Innoc December 29: Feast of St. Thomas Becket

December 31: New Year's Eve



FIRST SUNDAY OF ADVENT (HOPE)

SECOND SUNDAY OF ADVENT (PEACE)



THIRD SUNDAY OF ADVENT (JOY)

FOURTH SUNDAY OF ADVENT (LOVE)







THE O'ANTIPHONS

















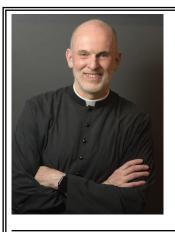
December 19

December 20









pastor's Corner

Second Sunday of Advent



We are now beginning the 2nd week of Advent. This always seems like a super-short season. If this is how Advent seems to you then you, like me, need to be very intentional about living it to the full. We are going to feel like Christmas came upon us way too soon.

As I mentioned last week, I really encourage everyone to keep Advent as Advent. Wait for Christmas (the music), to celebrate Christmas. To help you do this, a parishioner has put this together for us. It is absolutely wonderful. Thank you Frank Hangler:

https://tinyurl.com/music-for-advent

Strive to be intentional to make room for Jesus Christ during this season. Here are some practical suggestions to help make this happen. Make a well prepared, carefully prayed examination of conscience before going to Confession. Remember that you are encountering Jesus in the sacrament!

A good confession is comprised of 4 things beginning with C:

- 1. Clear Say what needs to be said and say the hardest thing first.
- 2. Concise Don't beat around the bush, as the saying goes. Get to the point!
- 3. Complete Say everything that needs to be said. Focus on naming the sins, whatever details are necessary.
- 4. Concrete Did you miss Mass through your fault? How many times? One time is different than every Mass for the last 6 months.

So, you prepare with the 4 C's and you receive the following:

- Cleansing from the guilt of the mortal sins and venial sins confessed.
- Clarity of conscience The fog that sin causes is removed.
- Courage Strength to renew the battle. The

temptations return we need courage!

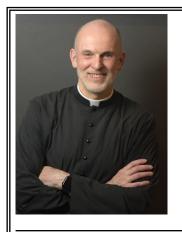
• Christ, the true prize! A renewed, restored, revitalized relationship with the Lord Jesus!

Make 1, make 2, well prepared confessions. Fr. and I will be in Confessional on Saturday at 3:45pm and there will be an Advent Penitential Service on Thursday, December 19th at 7pm. Four other priests will be here to assist.

The Alpha wrap-up gathering held on Wednesday, November 27th was attended by over 110 people. It was an opportunity to bring family, possible future Alpha attendees. Thank you to the Alpha team for making this so fruitful! Alpha is our main evangelization pump. Alpha serves our 10 Year Vision and Core Value of Evangelical Hospitality!







pastor's Corner

將臨期第二主日 本堂神父的話



我們已進入了將臨期的第二週。總覺是一個非常短暫的季節。如果將臨期對你來口也像我一樣感覺很短, 那麼我們需要非常有意識地活出這段時間的每一刻。我們會覺得聖誕節來得太快了。

如我上週所提到的,我真的鼓勵大家把將臨期當作將臨期來過。等到聖誕節(聖誕音樂)來臨時,再一起慶祝聖誕節。為了幫助大家做到這一點,一位教友為我們準備了這個資料。這真是太棒了。感謝 Frank Hangler: https://tinyurl.com/music-foradvent

在這個季節中,努力有意識地為耶穌基督騰出空間。以下是一些實際的建議,幫助你實現這一目標。在告解前,進行一次充分準備、認真祈禱的良心檢口。記得你是在聖事中遇見耶穌!一次好的告解包含四個以 C 開頭的要素:

- 1. Clear 清楚 說出該說的話,並且先說出最難的那件事
- 2. Concise 簡明 正如俗話所□, 不要拐彎抹角, 直接切入重點!
- 3. Complete 完整 把該口的話都口出來, 專注 於列舉罪行, 並提供必要的細節。
- 4. Concrete 具體 是因為你的失誤而錯過了彌撒嗎?多少次?一次與過去六個月每次都缺席是不同的。

所以,當你用四個 C 來準備時,你將會收到以下的:

- Cleansing 潔淨, 從所告解的重罪和輕罪中獲 得赦免。
- Clarity of Conscience 良心的明澈 罪所造成的迷霧被清除。

- Courage 勇氣 重新開始戰鬥的力量。誘惑會 再次來臨, 因此我們需要勇氣!
- Christ 基督, 真正的獎賞!與主耶穌之間的關係更新、恢復和重生!

做一次,做兩次,準備充分的告解。神父將於星期 六下午 3:45 在告解庭等候,你也可以參加十 二月十九日(星期四)晚上七點的將臨期修和。屆時 將有另外四位神父協助。

十一月二十七日(星期三)舉行的 Alpha 總結聚會吸引了超過一百一十人參加。這是一次帶領家人及可能未來 Alpha 參加者的機會。感謝 Alpha 團隊讓這次活動如此富有成效! Alpha 是我們主要的福音傳播推動力,服務於我們的十年願景以及福音款待的核心價口!





7 Steps to Making This Your Best Advent Ever

By Caroline Perkins, ChurchPop

By taking the time to prepare for the Advent season, we can experience this time of hopeful anticipation in a meaningful way.

The first Sunday of Advent is December 1.

Planning is key when it comes to liturgical living. By taking the time to prepare for the Advent season, we can experience this time of hopeful anticipation in a meaningful way.

According to the USCCB,

"The Advent season is a time of preparation that directs our hearts and minds to Christ's second coming at the end of time and to the anniversary of Our Lord's birth on Christmas."

Furthermore, participating fully in the Advent season can help make the Christmas season more special.



Here are seven ways to make this your best Advent ever:

1. Go to Confession

Confession is always a good idea.

Confession *before* the liturgical season of Advent seems like a no-brainer!

Before Advent begins, visit Our Lord in the sacrament of Confession. This allows a clean slate as you begin this period of growing in your faith.



2. Embrace Advent Traditions

Traditions like the Advent wreath, Advent calendar, Jesse Tree, and more, are full of symbolism! They offer routine reminders of the true meaning of Christmas and provide space for special prayer and devotion.

You can view a short list of <u>Advent calendar</u> <u>options here</u>. Some even come as free downloads!



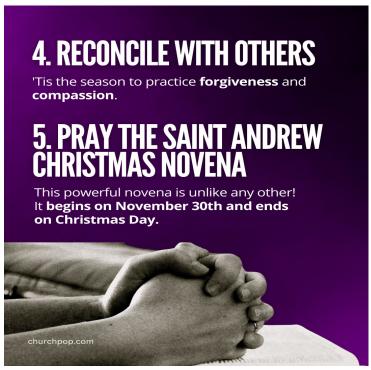
3. Consider the Works of Mercy

Plan on participating in one or more corporal or spiritual works of mercy this season.

There are many opportunities at your parish or community this time of year.

Saint Teresa of Kolkata gives some <u>perspective</u> on what this may look like in our lives:

"Love begins at home, and it is not how much we do, but how much love we put in the action that we do.
[...] I want you to find the poor here, right in your own home first. And begin love there."



4. Reconcile with Others

'Tis the season to practice forgiveness and compassion.

If you struggle with past hurts, try this powerful prayer.

5. Pray the Saint Andrew Christmas Novena

This powerful novena is unlike any other! It begins on November 30 and ends on Christmas Day.

You can find a how-to guide here.



6. Celebrate Liturgical Feasts

There are so many special feast days during the Advent season. Many of them have their own traditions and ways to grow closer to Christ during the festivities.

Here is a glimpse of the feast day calendar for Advent:

December 6 – Saint Nicholas

December 8 – Immaculate Conception of the Blessed Virgin Mary

December 12 – Our Lady of Guadalupe

December 13 – Saint Lucy

7. Be Realistic

Set yourself up for success by being realistic about your liturgical living goals this year. Sometimes, our season of life may call for some adjustments, which is okay! Ultimately, the Lord just wants room in your heart.

Have a blessed Advent!



VANCOUVER EAST DEANERY ADVENT CONFESSIONS

Parish	Date	Service
Holy Cross Burnaby	Wed, Dec 11, 2024	7:00 PM
St. Jude's Vancouver	Fri, Dec 13, 2024	7:00 PM – 9:00 PM
St. Mary's Vancouver	Tues, Dec 17, 2024	7:00 PM
St. Helen's Vancouver	Wed, Dec 18, 2024	7:00 PM
St. Theresa's Vancouver	Wed, Dec 18, 2024	7:00 PM
Corpus Christi Vancouver	Thurs, Dec 19, 2024	7:00 PM
Our Lady of Sorrows Vancouver	Mon, Dec 23, 2024	6:30 PM
Immaculate Heart of Mary Vancouver	Before each Mass	
Our Lady of Hungary Vancouver	Before each Mass	
Sacred Heart Vancouver	Before each Mass	
Holy Family Vancouver	Every Wednesday	5:00 – 6:00 PM
St. Francis of Assisi Vancouver	Every Saturday	4:00 – 5:00 PM